

Puumala weekly 2023

PUUMALA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>PUUMALA CHURCH 9:00 AM - 4:00 PM</p> <p>RENT A BIKE AND HEAD FOR THE ARCHIPELAGO ROUTE</p>	<p>PADDLING MINDFULNESS IN THE ARMS OF LAKE SAIMAA (€)</p> <p>TUESDAY'S SPECIALS AT THE PANCAKE BAR (€)</p>	<p>MORNING PADDLING TRIP in the Sahanlahti bay at 9:00 AM (€)</p>	<p>SEAL-SPOTTING TRIPS ON THE ECO-BOAT (€)</p>	<p>TRAVEL AND RESIDENTIAL SERVICES at the harbour market at 10:00 AM – 2:00 PM</p> <p>KAYAK PADDLING FOR BEGINNERS at 10:00 AM (€)</p>	<p>CAR BOOT SECOND HAND MARKET at 9:00 AM – 2:00 PM</p> <p>HARBOUR MARKET ATMOSPHERE</p>	<p>MASS AT PUUMALA CHURCH at 10:00 AM</p> <p>PEEK INTO A BUNKER at 11:00 AM – 6:00 PM</p>
<p>TAIGA FARM'S PADDLING TRIP to the mysteries of the rugged Hauk-kovuori cliffs (€)</p> <p>SAIMAS SPINNERY'S spinnery experience and factory shop (€)</p>	<p>PADDLING IN THE PISTOHIEKKA ARCHIPELAGO at 12 NOON (€)</p> <p>COMMISSION A CRUISE ON M/S KAUNIS VEERA (€)</p>	<p>SAIMAA STORY-TELLING CRUISE ON THE ECO-BOAT at 1:00 PM (€)</p>	<p>ANIMAL STORIES at the forest spirit's hut at 1:00 PM</p> <p>YOGA CLASSES in Karhusali at 5:00 PM & 6:30 PM (€)</p>	<p>CANOE PADDLING FOR BEGINNERS at 1:00 PM (€)</p>	<p>GOLF AND DISC GOLF (€)</p>	<p>SUNDAY BRUNCH in Sahanlahti at 12:00 – 4:00 PM (€)</p> <p>HOSTESS'S FEAST BUFFET in Restaurant Niinipuu at 12:00 – 4:00 PM (€)</p> <p>SPOT A SEAL – PADDLE TOURS from Pistohiekka with guide Tiina (€)</p>
<p>CRUISE ON THE STEAMSHIP S/S WENNO at 6:00 PM (€)</p>	<p>SEAL-SPOTTING TRIPS ON THE ECO-BOAT</p> <p>EVENING AT THE SMOKE SAUNA 6:00 PM - 8:00 PM (€)</p>	<p>BOAT TRIP to Pistohiekka from Lintusalo at 5:00 PM (€)</p> <p>BOAT TRIP from Pistohiekka at 7:00 PM (€)</p>	<p>FOREST-FRESH KETTLEBELL CLASS (€)</p> <p>A MIDSUMMER NIGHT'S PADDLE on the Saimaa at 8:00 PM (€)</p> <p>LET'S DANCE! (€)</p>	<p>WELCOME to our summer restaurants and dance pavilions!</p>	<p>BOAT TRIP to Pistohiekka from Lintusalo at 5:00 PM (€)</p>	<p>BOAT TRIP from Pistohiekka at 7:00 PM (€)</p>

SUMMER OPENING CEREMONY JUNE 10 • VEERA'S MARKET & VACATION SEASON OPENING CEREMONY JUNE 17

- SAIMAA CYCLE TOUR ON JULY 7–8 • SOUTHERN ARCHIPELAGO DAY 8 JULY • KIDS' WEEK OPENING CEREMONY ON JULY 15
- JAAKKO'S MARKET ON JULY 22 • MUSIC FESTIVAL SILTAKEMMAKAT AUGUST 3–5 • LITERARY FESTIVAL KIRJAKEMMAKAT AUGUST 19
- HAYRIDE JAMBOREE AUGUST 19 • SAIMAA SWIMRUN ON AUGUST 26.



Puumala

THE PEARL OF LAKE SAIMAA



Weekly programme of Puumala summer 2023

DAILY

SAIMAA STORYTELLING CRUISE ON THE ECO-BOAT departing from Puumala Harbour at 1:00 PM daily, from June 15 to August 31. Duration 80 min. Includes stories, accordion music, and coffee service. Max. 10 people. Tickets: adults €25, child. aged 1–11 €15. Bookings www.lakelandgte.fi/fi/saimaan-tarinaristeily-ekopaatilla

THE BEAUTIFUL PUUMALA CHURCH is open to passers-by daily. June 1 – August 31, 9:00 AM – 4:00 PM, Kirkkotie 1.

NATURE TRAILS – YOUR GUIDE TO WELLNESS

New! Visit the new Little Elsa's Forest Story Path featuring Elsa Heporauta, the founder of Kalevala Koru. You'll find signposts leading to the path from the Norppapolku Trail at the junction of Luukkolantie and Laamaniementie. The path is approx. 500 m long, and recommended for ages 5–10.

The Art Path on the Norppapolku Trail features content that you can access via QR codes on your smart phone. There are eight stopping points along the Norppapolku Trail introducing you to the geological secrets of landscape paintings.

The Metso wellness trail in Niinisaari starts from the courtyard of the Ravintola Niinipuu restaurant at Ylössaarentie 35. This lovely forest trail is 1.5 km long and perfect for enjoying peace and quiet tel. +358 500 259 378

The 2,5 km Metso wellness trail in Lintusalo; 1,5 km Journey to the Beginning of the Ice age; 1 km Mythology Path, 1 km Children's Nature Trail. Signposts lead to the path's starting gate from the main building in Nestorinranta at Lintusalon tie 1661 A.

Liehtalanniemi Museum Estate's Nature Trail and Jallu's Stories June 16 – August 31, 11:00 AM – 6:00 PM on weekdays, 11:00 AM – 4 PM on Saturdays and Sundays. Tickets: €3.50/person, groups €3/person, boat fee €8/day. Ylössaarentie 205.

Sawmill history trail. Immerse yourself in the history of Sahanlahti on the brand-new AR trail. Bring your smart phone and some spirit of adventure! Lietvedentie 830.

MONDAY

TAIGA FARM'S PADDLING TRIP to the mysteries of the rugged Haukkovuori cliffs. Learn the basics of paddling at Guide Tiina's Taiga Farm in Hurissalo! This trip is an excellent way to come to grips with paddling as a hobby, and a great, safe introduction to paddling as an outdoors activity while getting to enjoy the gorgeous Lake Saimaa scenery. Available from June 5 to August 14. Price includes instruction and paddling gear. +358 500 380 032 guidetiina.johku.com



SAIMAS SPINNERY'S SPINNERY EXPERIENCE AND FACTORY SHOP Get to know the new spinnery and its factory shop. Please see the web shop for information about tours and courses. Also available for groups on request. Tel. +358 20 743 7230. Koskelanseläntie 3, www.saimasspinnery.com



CRUISE ON THE STEAMSHIP S/S WENNO

An atmospheric cruise on a genuine Lake Saimaa tar steamship departing from Puumala Harbour, on Mondays July 3 – July 31, 6:00 PM – 7:30 PM. Tickets: adults €20, pensioners and students €15, children under age 16 €5. Satamatie 2. Book tickets via the visitpuumala.fi web shop.

Enjoy tasty treats at the Puumala Harbour Market!

TUESDAY

PADDLING MINDFULNESS

Welcome – come learn the secrets of paddling on Tuesdays from May 30 to August 29, 9:15 AM to 10:45 AM; also available on request. This introduction to paddling combines a morning workout with technique training and mindfulness, and it's suitable for everyone who can swim. Tickets €60/person include paddling training, kayak rent, and paddling gear. Sign up for paddling and mindfulness with Guide Tiina, +358 500 380 032 guidetiina.johku.com

TUESDAY'S SPECIALS AT THE PANCAKE BAR Special pancake fillings are available in Nestori's pancake bar on Tuesdays in July, from 10:00 AM to 6:00 PM. Lintusalontie 1661 B, Lintusalo, www.nestorinranta.fi

PADDLING IN THE PISTOHIEKKA ARCHIPELAGO

In the middle of the Unesco Saimaa Geopark lies the legendary beauty: Pistohiekkä. Paddling is available on Tuesdays from May 30 to August 29, 12:00 – 4:00 PM (also available on request, and during the Nightless Night Paddling Trip on June 21). Tickets: €70/person, includes paddling gear and a guide's services. Please book via the web shop at www.spiritguidesaimaa.com at the latest 24 hours before the paddling trip. Guide Tiina +358 500 380 032 www.spiritguidesaimaa.com

COMMISSION A CRUISE ON M/S KAUNIS VEERA

M/S Kaunis Veera offers scenic cruises on commission, departing from Puumala Harbour. Enquiries, www.ms-kaunisveera.fi, tel. +358 500 255 136.

SEAL-SPOTTING TRIPS ON THE ECO-BOAT

are available as guaranteed departures or as private cruises for your own group from May 'til September. Please see www.lakelandgte.fi for schedules.

EVENING AT THE SMOKE SAUNA

Bathing in a traditional Finnish smoke sauna is available to all on Tuesdays, July 4 – August 1, at 6:00 PM in the Sahanlahti Resort. As this is a coed sauna (not separated by gender), please bring your swimsuit with you! Admission fees are collected on-site. www.sahanlahtiresort.fi

WEDNESDAY

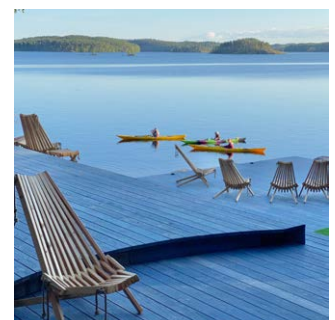


MORNING PADDLING TRIP

Enjoy an easy paddling trip on the Lake Saimaa, no prior paddling experience required. Duration: 2 hrs. Available on Wednesdays, June 21 – August 9, 9:00 AM – 11:00 AM. Tickets: €50/adults, children under age 12/€30. Ticket price includes paddling gear and the guide's services. Sahanlahti Resort, Lietvedentie 830, Puumala. More information and booking via www.saimaacanoeing.fi

BOAT TRIP TO PISTOHIEKKA FROM LINTUSALO

See what's new at Pistohiekkä! This trip also offers the opportunity to enjoy dinner or coffee at the Pistohiekkä Resort. Departs from Nestorinranta, Lintusalon tie 1661 B, Lintusalo, on Wednesdays at 5:00 PM and returns at 8:00 PM. Minimum capacity 2 people, max. 5. Tickets: €65/person or €180/family. Please book in advance, at the latest the previous evening before 8 PM. info@nestorinranta.fi, +358 44 77 00 515 or via www.nestorinranta.fi



BOAT TRIP FROM PISTOHIEKKA

New! A Lake Saimaa adventure departing from the Pistohiekkä pier on Wednesdays and Sundays at 7:00 PM, June 18 – August 30. Duration: 3 hrs, includes a guided tour and campfire coffee on the island. Max. capacity 12 people. Tickets: €60/adult, €45/children aged 1–11. Book and purchase via www.lakelandgte.fi/fi/pistohiekkä-kesaretket/

Saimaa Geopark sites
WRITTEN IN GREEN.

**SEE THE WIDE VARIETY OF TRAVEL PRODUCTS AND SERVICES
IN THE VISITPUUMALA.FI WEB SHOP!**



THURSDAY



SEAL-SPOTTING TRIPS ON THE ECO-BOAT are available as a guaranteed departure or as a private cruise for your group from May 'til September. Please see www.lakelandgte.fi for schedules.

ANIMAL STORIES AND TALES

of forest spirits for children and children-at-heart at the Forest Spirit's Hut in Nestorinranta. Departs from in front of the barn café at 1:00 PM. Duration: 1–1.5 hrs. Min. 2 people. Free for all, but please book before 8 PM the previous night at the latest: info@nestorinranta.fi, +358 40 510 6208 or via www.nestorinranta.fi Lintusalontie 1661 A, Lintusalo.

YOGA CLASSES IN KARHUSALI

Hatha Yoga class at 5:00–6:15 PM, and Yin Yoga class at 6:30–20:00 PM in Karhusali on Thursdays, July 6 – July 27. Price: €15/class, no need to book. Yoga mats are available for use on-site. Maria +358 50 414 3694, Junninmäentie 53, metsasydan.fi

FOREST-FRESH KETTLEBELL

CLASS at the Pistoheikka Resort on Thursdays at 6:00 PM, June 25 – August 24. Price: €7 / €20 with sauna. Please bring your own kettlebell with you. Tel. +358 45 7835 9001. Pistoheikanraitti 33.

A MIDSUMMER NIGHT'S

PADDLE A relaxed and atmospheric paddling trip to Lake Saimaa on a summer night on Thursdays at 8:00 PM, June 22 – August 10. Duration approx. 4 hrs. Price: €85/person, €65/children under 12. Price includes paddling gear, guide's services, and a snack for the trip.

More information and booking via www.saimaacanoeing.fi

LET'S DANCE!

The legendary Pistoheikka outdoor dance hall and summer dances www.pistoheikanlava.net and the Ruokotaipale outdoor dance hall in Hurissalo www.tanssi.net

FRIDAY



TRAVEL AND RESIDENTIAL SERVICES Drop by the Puumala tent at the Harbour Market and ask us about travel, residential opportunities, building permits, etc. Fridays at 10:00 AM – 2:00 PM, July 7 – July 28, Satamatie 2.

KAYAK PADDLING FOR BEGINNERS

Get to grips with the basics of kayaking: the equipment, paddling safety, and paddling technique. Fridays at 10:00 AM – 2:00 PM, June 30 – July 28. Price: €50/person; includes paddling gear and instruction. Saimaa Canoeing, Ylössaarentie 84. Information and booking: www.saimaacanoeing.fi

CANOE PADDLING FOR BEGINNERS

Get to grips with the basics of canoeing: the equipment, paddling safety, and paddling technique. Fridays at 1:00 – 3:00 PM, June 30 – July 28. Price: €50/person, includes paddling gear and instruction. Saimaa Canoeing, Ylössaarentie 84. Information and booking: www.saimaacanoeing.fi

HEAD FOR THE ARCHIPELAGO ROUTE

Rent a bike via
www.saimaabikes.fi

Book your ticket for the
bike ferry via
www.matkahuolto.fi
– search Lintusalo laituri/
Hurissalo laituri
www.saimaacycling.fi

Experience the gorgeous
scenery of the **NORPPA-
POLKU TRAIL** and pack your-
self a lunch to enjoy at the
lean-to campsite.



SATURDAY

CAR BOOT SECOND HAND

MARKET Great finds at the Puumalan Viri car boot second hand market on Saturdays on June 10, July 1, July 22, and August 12, 9:00 AM – 2:00 PM. Puumala bus station, Keskustie 21. Enquiries: tel. +358 50 308 4132.

THE LIVELY HARBOUR MARKET

is Puumala's beating heart in the summertime! Enjoy easy-going live music on the Harbour Market stage on Saturdays at 12:00 – 2:00 PM, July 1 – July 29, Satamatie 2.



BOAT TRIP TO PISTOHIEKKA

See what's new at Pistoheikka! This trip also offers the opportunity to enjoy dinner or coffee at the Pistoheikka Resort. The covered cabin boat departs from Nestorinranta, Lintusalontie 1661 B, Lintusalo, on Saturdays at 5:00 PM and returns at 8:00 PM. Minimum capacity 2 people, max. 5. Tickets: €65/person or €180/family. Please book in advance, at the latest the previous evening before 8 PM. info@nestorinranta.fi, +358 44 77 00 515 or via www.nestorinranta.fi



GOLF AND DISC GOLF

Enjoy a relaxed game at Puumala Golf! No reservation needed. For more information, please see www.puumalagolf.fi Try your hand at disc golf in Koskelanselkä for free. Bring your own golf discs, or borrow some from Koskelanselkä www.koskensenka.fi

SUNDAY



MASS AT THE BEAUTIFUL PUUMALA CHURCH

at 10:00 AM, Kirkkotie 1. For more information on concerts and evening mass, please see the Puumala newspaper and mikkelintuomikirkkoseurakunta.fi

PEEK INTO A BUNKER

The concrete dugout on the Salpalinja Defence Line is open 11:00 AM – 6:00 PM, Wed–Sun, June 28 – July 30, at Pappilantie 2. Free entry.

SUNDAY BRUNCH IN SAHANLAHTI

This abundant brunch buffet offers a wide variety of options. Sundays 12:00–4:00 PM, June 4 – August 27. Lietvedentie 830, www.sahanlahtiresort.fi

THE PLENTIFUL HOSTESS'S FEAST BUFFET

is laid in the upstairs Vintti section of Restaurant Niinipuu on Sundays 12:00–3:00 PM, June 4 – August 27. Price: €34/person, half price for children aged 4–12. Niinisaari, Ylössaarentie 35, tel. +358 500 259 378, www.okkola.fi

SPOT A SEAL – PADDLE TOURS

Available on Monday May 1, Sunday May 14, and Sunday May 21. Participants must be able to swim and have previous paddling experience. Duration: 2–3 hrs. Price: €70/person (min. 2 people); includes guide's services, a snack on the trip, and paddling gear. Drysuits can be booked separately. Guide Tiina +358 500 380 032, guidetiina.johku.com

BOAT TRIP FROM PISTOHIEKKA

New! A Lake Saimaa adventure departing from the Pistoheikka pier on Sunday evenings at 7:00 PM, June 18 – August 30. Duration: 3 hrs. Includes a guided tour and campfire coffee on the island. Max. 12 people. Tickets: €60/adults, €45/children aged 1–11. Book and purchase via www.lakelandgte.fi

Explore the Lakeland

BIKE TRIPS IN THE SCENIC LAKE SAIMAA ROUTE

The Puumala Archipelago Route (60 km) and the Saimaa Archipelago Route (156 km) will take you through the islands and over bridges, ridges, and eskers of the lakeside landscape. You can combine the two routes into a longer journey and use the ferries to get around. Book your ferry tickets via www.saimaacycling.fi, or www.matkahuolto.fi, and rent a bike via www.saimaabikes.fi

SCENIC CRUISES ON M/S KAUNISVEERA

Cruises on commission departing from Puumala Harbour. Enquiries via www.ms-kaunisveera.fi or tel. +358 500 255 136.

ARTO KEINÄNEN & THE ECO-BOAT INVITE YOU TO SEAL-SPOTTING IN 2023

You can enjoy seal-spotting trips on the comfortable Eco-Boat all summer long. Book seats on the open-for-all guaranteed departures, or commission a private trip. The early summer, May 1 – June 11, features 10 weekly trips (open-for-all), and three weekly trips during the June 13 – September 30 period (open-for-all). Booking via www.lakelandgte.fi

STEAM BOAT CRUISES ON S/S WENNO

depart from Puumala Harbour every Monday at 6:00 PM, July 3 – July 31. This genuine Lake Saimaa steamer is registered for 99 passengers. Book and purchase tickets via the visitpuumala.fi web shop.

SAIMAA CANOEING, NIINISAARI

Paddling and bicycle trips as well as instruction. Equipment rentals and accommodation. Ylössaarentie 85. More information and booking via www.saimaacanoeing.fi

SPIRITGUIDESAIMAA, HURISSALO

Paddling and nature trips as well as instruction. Equipment rentals and accommodation. Guide Tiina tel. +358 500 380 032 www.spiritguide.johku.com

DISCOVER SAIMAA, LIEVISKÄ, KATOSSELKÄ

Paddling and nature experiences, tel. +358 41 313 6868 www.discoversaimaa.fi

CAMP LAAJALAHTI, LUUKKOLA

Paddling and bicycle trips, accommodation, and equipment rentals. Hartmut Jaeger www.finn-active-travel.com



The only official tourist road route in Southern Savo, the **Green Gold Culture Route**, runs for approximately 250 kilometres through Mäntyharju, Ristiina, Puumala, Sulkava, and Savonlinna all the way to Punkaharju. The tourist route, which was created in 2002, was recently refurbished in 2021–2022, and features 16 locations with informational boards showcasing Finnish forest culture and the locals' relationship to the woods, both in the past and in modern times. You can also enjoy the route through a narrative experience via the free Glopas app. www.outdooractive.com



SHOPPING

Local handicrafts at Puumalan Kädentaitajien Puoti, Keskustie 21. **Secondhand store Krims Krams** Kirpputori, Keskustie 17.



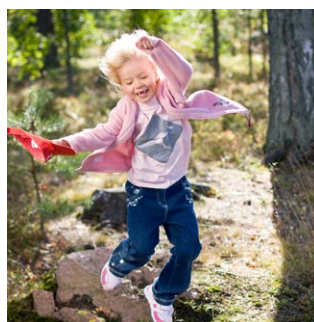
FOOTBALL CAMP JULY 3–7

The much-awaited, high-quality footie camp with more than ten years of experience in Puumala. Sign up and more information at <http://www.sport-jr.com>, tel. Jarkko Rinne +42 2611 5061.



ART CAMP

The traditional summer Art Camp for kids and teens (ages 6–13) at Lintusalo school, Mon July 24 – Fri July 28. More information: Emmi Kinnunen, tel. +358 50 3310 342, emmi.kinnunen@hotmail.com, and Aino Keijonen, tel. +358 50 5052 977, aiskukei@gmail.com. The camp is organised by the art association Puumalan Taideyhdistys and the municipality of Puumala.



KIDS' SUMMER WEEK JULY 15–23

Plenty to do and experience for the whole family! Keep an eye on the event calendar on the www.puumala.fi and the po1nt.fi/puumala/puumala web pages for more information.

EXHIBITIONS

Lasiruusu blown glass sales show with local handmade glassware, 9 AM – 5 PM daily, Niementie 1.

Art exhibition at Härkösentalo, Härkösentie 7.

The summer art exhibition of the local art association Puumalan Taideyhdistys at Puumala Town Hall, Keskustie 14.

Exhibition of village photographer Leo Montonen's works can be seen in the windows of Puumala Town Hall, Keskustie 14.

The 'Ceramic Poetry' exhibition and sales show for handicrafts, June 10–30 and August 1–9. Puumalan Wanha Pappila, Hiekkarannantie 7.

PUUMALA TOURIST OFFICE, Keskustie 14, Puumala, tel. +358 50 562 0706, www.visitpuumala.fi • RIGHT TO CHANGES RESERVED.